# en Compass Metatarsal Resurfacing Implant

Surgical Technique Guide



OSTEONED
SMALL BONE ORTHOPEDICS

Rethinking Possibilities, Reshaping Lives

# Table of Contents

# System Overview

•	• Drill Guides	4
•	• Guide Pins	5
•	• Reamers	4
•	• Trials	4
•	• Broaches	5
•	• Impactors	5
•	• Instruments	5
Surgical Tech	nique Guide	
•	Incision and Exposure	6
•	• Sizing	7
•	Guide Pin Placement	8
•	• Reaming	9
•	• Trial	10
•	Broaching	11
•	• Implant	12
•	• Close	13









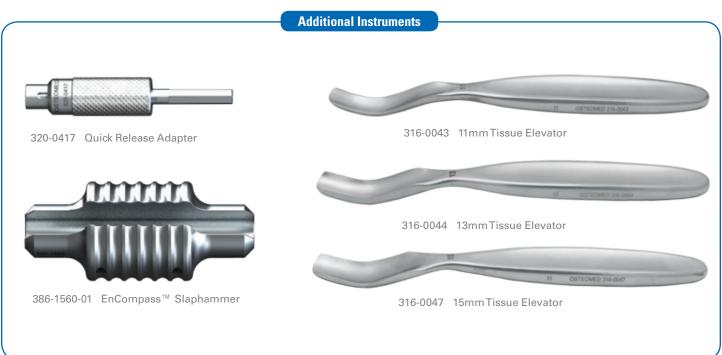














# Surgical Technique Guide

**Incision and Exposure** A dorsal incision is made from the distal third of the metatarsal shaft to a point midway along the shaft of the proximal phalanx.



Expose the extensor tendon and retract medially or laterally. The incision is deepened to expose the capsule of the metatarsophalangeal joint. The capsular tissues are carefully dissected from the metatarsal head and the base of the proximal phalanx. A McGlamry or tissue elevator can be used to elevate and expose the metatarsal head.



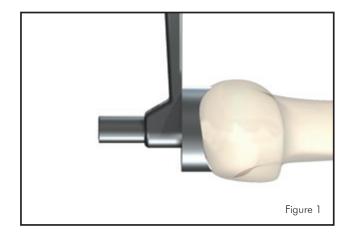
Remove any bony eminence or osteophytes from the metatarsal head using a saw, rasp, bur, or rongeur. Irrigate thoroughly and check motion of the joint for any impingement.

1st MTP Avoid impingement of the sesamoids. If the sesamoids are immobile, the surgeon may elect to release them.



Sizing

Care should be taken to select the size which approximates the dimensions of the metatarsal head from medial to lateral and dorsal to plantar. The drill guide should not extend beyond the margins of the bone. Drill guides are sized to match the corresponding implant (Figure 1).

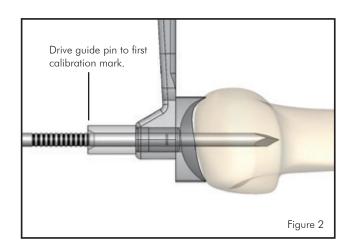


Guide Pin Placement

Drive the appropriate size guide pin into the center axis of the metatarsal head and parallel to the cortical surfaces until the first calibration mark is flush with the post of the drill guide (Figure 2).

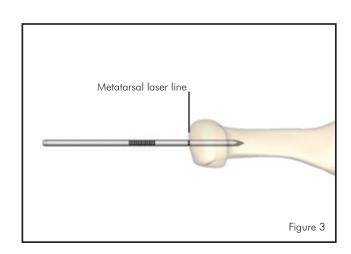
Important: Placement of the guide pin will determine placement of the implant.





Remove the drill guide and drive the guide pin until the metatarsal laser line is flush with the metatarsal head (Figure 3).

Intraoperative fluoroscopy should be used to confirm positioning of the guide pin.

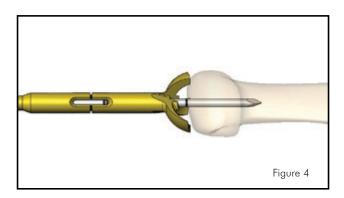




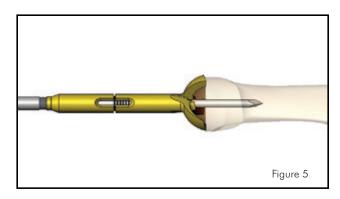
#### Reaming

Select the reamer which matches the corresponding drill guide size.





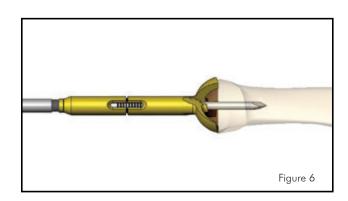
Ream the metatarsal head until the zero calibration mark on the guide pin aligns with the reamer window guide line (Figure 5).



Ream the metatarsal head an additional 2-6mm until all articular cartilage is removed and bleeding bone is present (Figure 6).

#### 1st MTP Avoid impingement of the sesamoid bones.

Remove the spherical reamer and guide pin.



# 5

#### Trial

Place the corresponding size trial. Assess the amount of reamed bone and trial placement. The trial should sit flush on the reamed surface. Confirm metatarsal length and check range of motion and stability.

If trial size is not desired, insert the guide pin back into the metatarsal and repeat steps 5 and 6 using the next smaller sized spherical reamer and trial. If desired, greater decompression may be accomplished by reaming more of the metatarsal bone.

With the trial in place, remove all excess bone around the trial using a saw, rasp, bur or rongeur.



After confirming trial size and orientation, mark the location of the trial alignment groove on the dorsal aspect of the metatarsal head with a marking pen.

Remove the trial.





#### **Broaching**

When broaching the bone, align the dorsal groove on the broach with the dorsal pen mark line made on the metatarsal. Insert the broach into the reamed canal using a mallet until the broach bottoms out on the metatarsal head.

Ensure the broach remains in the same plane as the guide channel and in line with the dorsal aspect of the metatarsal while inserting to ensure a correct fit for the implant.

Remove the broach using the slaphammer.



**| Implant** 

The final EnCompass™ implant is selected. The underside of the implant is marked "DOR" to indicate the dorsal side. Partially insert the implant into the metatarsal and rotate to align the dorsal side of the implant with the dorsal pen mark on the metatarsal. Use the impactor to fully seat the implant against the metatarsal bone.

NOTE: DOR (Dorsal)





8

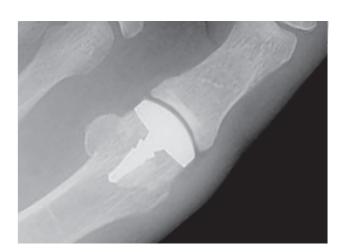
#### Close

Once fully implanted, check alignment, range of motion and soft tissue balance. Perform any adjustments if necessary.

Intraoperative fluoroscopy should be used to visualize the matatarsal shaft and confirm positioning of the final implant.



Remove any debris from the joint space or implant, irrigate, and then close using standard closure techniques.



Notes:



Rethinking Possibilities, Reshaping Lives

#### **OSTEOMED**

3885 Arapaho Rd. Addison, TX 75001 Customer Service: 800.456.7779 Outside the U.S.: 001.972.677.4600

Fax: 800.390.2620

Fax Outside the U.S.: 001.972.677.4709 E-mail: customer.service@osteomed.com www.osteomed.com

p/n 030-1608 Rev.B